



BATALLA DE RANDE

RULES, REGULATIONS AND DISCLAIMER FORM

1 Organization

- 1.1 Islas Cies – San Simón Sports Association, in collaboration with Redondela Council, organizes Batalla de Rande Swim Event, 27 km swimming between Cies Islands and San Simón.
- 1.2 This Event operates under the rules of the present Organization Regulation.
- 1.3 In case of doubts on its interpretation, the Organization decision and opinion shall prevail.
- 1.4 All participants will automatically accept these rules upon registration.
- 1.5 Acceptance of this Regulation, implies acceptance of participants disclaimer, detailed in *5 Participation Conditions* section.
- 1.6 The Organization reserves the right to change or modify this Regulation or / and any other information referred to the Event, or its cancellation in the event of *force majeure*, publishing it in the official media.

2 Date

- 2.1 The Event will take place on Saturday, June 16th, 2018 at 09.00h (CEST)

3 Course

- 3.1 The length of the course is 27km approx., in Vigo Bay, between Cies Islands and San Simón Island.
- 3.2 The start will take place at Rodas Beach, in Cies Islands, finishing in San Simón Island.
- 3.3 The Organization shall have in place and planned an alternative course (20KM approx.) in the event of weather conditions restraining from swimming its original course.



4 Participants

- 4.1 The total number of participants will be 100 swimmers.
- 4.2 Older than 16 (born in 2002 and before), federated or not, who fulfill all *Participation Conditions* (section 5) and are previously registered as per current Regulation may participate.
- 4.3 For those under aged, an authorization from their parents/guardians will be requested.
- 4.4 The organization reserves a certain number of places for commitments with collaborators and sponsors. The organization reserves the right to extend or reduce the number of places for security reasons and other reasons that may affect the proper conduct of the event. In any case, this modification will be announced in advance on the web and in social networks.

5 Participation conditions

- 5.1 The Organization will have in place all permits requested by the Maritime Governance; Vigo Harbour Governance, Xunta de Galicia and will be garded by Civil Protection, Maritime Rescue, *Guardia Civil* Protection Maritime Service, and will be technically controlled by their staff.
- 5.2 Swimmers will be covered by an insurance policy of Public Liability and by and accident policy as per article 14 in Annex II of the Royal Decree Law 62/2008, by which Regulations over conditions on maritime safety, navigation and human life in the water are approved, applicable to nautical concentrations of commemorative character as well as nautical sports.
- 5.3 It is under the swimmers' responsibility to be apt accomplish the Event, that is to say, to be in good health in general, as well as to have enough level of physical, technical and mental preparation to face a swimming course of 27km in the ocean. All those not capable or believing not to be in good health conditions and / or not to have enough physical preparation to face the competition should refrain from participate.
- 5.4 The swimmer must provide a medical certificate certifying that he is fit to participate in the event. It must be sended to the Organization no later than 1 month before the event.
- 5.5 The Organization will be disclaimed in the case of theft or loss of any personal objects, etc.



- 5.6 The Organization and its collaborators won't be liability of any injuries or trouble in the swimmer in the case of misconduct, negligence or carelessness, as well as lack of physical conditions.
- 5.7 It is mandatory throughout the whole event the usage of a wetsuit, goggles, safety buoy with waterproof pocket and a cap, this last one will be provided by the Organization.
- 5.8 If any participant would like to swim the event without the wetsuit, they should contact the Organization with enough time to request their approval, that will be authorized based on the CV provided by the swimmer.
- 5.9 Total time to complete the event will be limited to 10 hours. Once this time is reached, the Organization shall have the right to remove from the water those participants that have not yet completed the event.
- 5.10 If, for any reason, the swimmer had not crossed the *Strait of Rande* before the start of the low tide (19:00 local time), the swimmer shall be removed from the water due of the impossibility of crossing the strait in that tide. (currents about 1m/s)
- 5.11 In case of adverse weather conditions for the Event to take place and that could put in risk the swimmers safety, the Organization shall have the capability to cancel the event or to put in place the alternative course. These decisions belong exclusively to the Organization.
- 5.12 Authorization is given to the Organization to use participant's name, and his / her photo in media (TV, Radio, Newspapers) and / or any other media authorized or related to the event. Participants could prohibit the usage of their image by sending a written request to the Organization e-mail address: info@batalladerande.com.
- 5.13 In compliance with L.O. (Organic Law) 15/1999, it is informed that any personal data from the participants will be part of the Organization files, whose responsibility will fall under the Organization itself. Its aim is only to proceed with the data organization for the swimming Event *Batalla de Rande*, as well as to inform participants of future editions. Rights to access the files, rectifications, cancellations or opposition to this procedure shall be submitted by written to the e-mail address info@batalladerande.com, enclosing a copy of the ID card, or Passport document.



6 Right of Admission

6.1 Right of Admission is recognized under the article 59.1.e of the Executive Order 2816/1982, August 27th., by which it is approved the Regulation of the Police Recreational Activities and Performances, extending the range of application to all kind of public facilities, regardless of it public or private ownership. The Organization reserves this right to admission and the possibility to cancel the registration of any participant when they consider it appropriate.

7 Pre-registrations

7.1 Swimmers willing to participate, should apply by in the web page www.batalladerande.com, with the application form given to this purpose. Together with this form, a CV with sport background must be completed and submitted.

7.2 Pre-registrations will be opened on November 1st, 2017, and will end on January 15th, 2018 (both inclusive)

7.3 After reviewing all CVs, the Organization will select 100 swimmers.

7.4 Acceptance, if applicable, of each swimmer will be notified by e-mail within 15 calendar days from the end of the preinscription period. Once received acceptance notification, swimmers will have 15 calendar days to pay the registration fee. In case of not meeting this 15 days period, if there are any swimmers in the waiting list, their inscription will be offered to another swimmer.

7.5 Pre-registrations will be personal and non-transferable.

7.6 Registration fee is 200 euros.

7.7 Acceptance to the registration gives the right to:

- Swim the event
- Identification cap
- Diploma
- Commemorative Polo Shirt
- Insurance
- Transfer from San Simón to Vigo
- GPS rental
- Dinner assistance
- Transfer of travelling companions to Cies Islands, to San Simón and to Vigo



8 Swimmers not registered

8.1 Any swimmer that has not been properly registered, will swim under its own responsibility and will not be covered by the Organization. If their presence is noticed, they will be invited to leave the area.

9 Prices and awards ceremony

9.1 All swimmers will receive a Polo Shirt as well as a remembrance of their participation in the event.

9.2 The ceremony will take place after finishing the swimming event.

9.3 Following categories will receive a trophy:

- Winner of Female Category with wetsuit
- Winner of Female Category without wetsuit
- Winner of Male Category with wetsuit
- Winner of Male Category without wetsuit

9.4 Trophies, remembrances or lost objects not collected on the day of the event, will be mailed upon request freight collect

10 Delivery of documentation and identifications

10.1 It will take place at Bahía de Vigo Hotel the previous day to the event, Friday, June 15th 2018, at 20.00h (CEST)

10.2 All documentation and information about the event will be delivered.

11 Starting hours

11.1 The first group (slow) will start from *Rodas Beach* at 09:00h (CEST), the second (medium 2) at 09:30h (CEST), the third (medium 1) at 10:00h (CEST) and the fourth (fast) at 10:30h (CEST).

12 Provisioning

12.1 8 provisionings will take place every 3.000mts, being the four first ones mandatory, and of a maximum of 5 minutes, as the event will be still by groups. Following provisionings will be mandatory to make as passing controls, but not being necessary to stop to provision, as at this point, the event will be in its open phase.



12.2 At these provisioning points, following will be provided: water, isotonic drinks, fruit, energy bars, gels, hot chocolate and anti-seasickness medication.

13 Groups Selection

13.1 Different swimming groups will be made of about 25 swimmers each. Upon registration, each participant will be assigned by the Organization to a swimming group, based on his/her physical condition and his/her time on 3.000mts in swimming pool. Two months prior to the event, a new test time should be provided to the Organization to make a final distribution of the groups.

13.2 During 12 first km, swimmers will not swim away from the group they have been assigned, neither do changes of groups. From here on, they will be free to swim at their own rhythm, being mandatory to pass always trough provisioning points as passing control.

13.3 VERY IMPORTANT: A swimmer could be disqualified when his/her rhythm goes in detrimental to the rest of the group, either for being in advance or for being late to the provisioning points, being disqualified after two warnings. See details approx. rhythms of the groups.

13.4 Rhythms

GROUP "fast": Apt. for those swimmers with a swimming level of 40´- 44´ every 3 km. Estimated time for completing the course: 6:30 to 7:15 hours, depending on weather conditions.

GROUP "medium 1": Apt. for those swimmers with a swimming level of 45´-49´ every 3 km. Estimated time for completing the course: 7:15 to 8:00 hours, depending on weather conditions.

GROUP "medium 2": Apt. for those swimmers with a swimming level of 50´- 55´ every 3 km. Estimated time for completing the course: 8:00 to 8:45 hours, depending on weather conditions.

GROUP "slow": Apt. for those swimmers with a swimming level of 56´- 60´ every 3 km. Estimated time for completing the course: 8:45 to 9:45 hours, depending on weather conditions.

13.5 The Organization could add a fifth group for safety reasons and/or for their homogeneity.



13.6 Swimmers will wear a coloured identified swimming cap with their dorsal number.

14 Disqualifications

14.1 The Event management team will be qualified to remove from the water:

- Those swimmers that show an obvious bad physical state.
- Those swimmers that do not complete the course.
- Those swimmers not wearing identification in a visible manner, manipulated or with advertising on it.
- Those swimmers showing an unsportsmanlike behaviour, or those leaving the event with complaints to the Organization.
- Those swimmers not in compliance with the rules in this present Regulation.
- Those swimmers that, repeatedly, arrive late at the provisioning points.

15 Others

15.1 No refunds will be made with the exception of 50% of the quantity paid in case of injury or illness, having to submit a medical certificate to the Organization before June 1st, 2018. On the contrary, such a refund will not be made.

15.2 For more information, please refer to the Organization.

15.3 The Organization has the right to turn down any registration not accepting terms and conditions displayed in this Regulation document. In case of doubts not displayed in an explicit manner in this Regulation document, they will remain at the disposal of this Organization to determine.